

Sunflower Relay Exchange Locations and Driving Directions

Race Start Mazama Corral Parking lot. Turn off of Hwy 20 and drive straight through the first intersection to the Corral (trailhead parking): all runners will be bussed to the start.

Exchange One Brown's Farm

Head East on Hwy 20 approximately 4 miles and then turn right on Wolf Creek Rd and drive 200 meters to Browns farm Parking lot.

Exchange Two (Approximately 3 miles east on Wolf Creek Road)
End of leg 1, start of leg 2
Runner must take the van from the community center

Exchange Three (Wolf Creek Road, 4 miles from Winthrop)
End of leg 2, start of leg 3
Take the Twin Lakes Road
Turn right on to Wolf Creek Road. Follow road approximately 2 miles, exchange is marked.

Exchange Four (typically where the kids run)
End of leg 3, start of leg 4
Twin Lakes road toward Sun Mountain
Turn left on to Elbow Coulee Road
Turn right into the Pine Forest Association,
Take the first right, stay low and follow to the end of the road at the end of
Patterson Lake Trail

Exchange Five

End of leg 4, start of leg 5

Twin Lakes road toward Sun Mountain
Turn left on to Elbow Coulee Road
Drive past the Pine Forest Entrance to Exchange area,
you will see where it is
marked.

Exchange Six

End of leg 5, start of leg 6
Continue on Elbow Coulee Road.
Turn left on to Twisp River road
Turn left on to Frost Lane and go to the green gate.

End of Race

Take Twisp River Road into Twisp, turn left on
highway 20 and look for signage to finish line