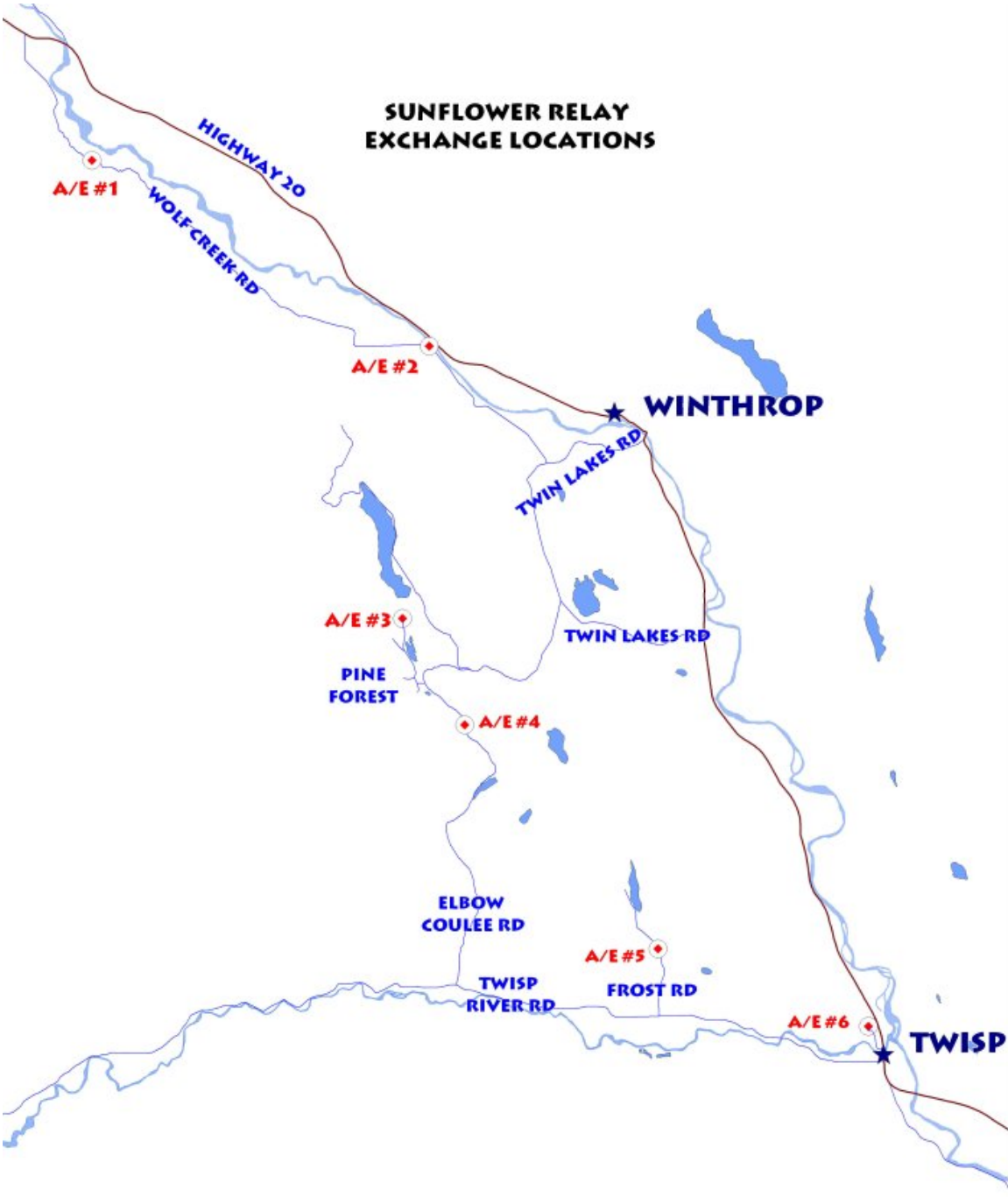


# SUNFLOWER RELAY EXCHANGE LOCATIONS AND DRIVING DIRECTIONS



## **Driving Directions for Relay Exchanges**

Race Start: Brown's Farm, Wolf Creek Rd, off Highway 20: all runners will be bussed to the start

### **Exchange One** (Approximately 3 miles east on Wolf Creek Road)

End of leg 1, start of leg 2

Runner must take the van from the community center

### **Exchange Two** (Wolf Creek Road, 4 miles from Winthrop)

End of leg 2, start of leg 3

Take the Twin Lakes Road

Turn right on to Wolf Creek Road. Follow road approximately 2 miles, exchange is marked.

### **Exchange Three** (typically where the kids run)

End of leg 3, start of leg 4

Twin Lakes road toward Sun Mountain

Turn left on to Elbow Coulee Road

Turn right into the Pine Forest Association,

Take the first right, stay low and follow to the end of the road at the end of Patterson Lake Trail

### **Exchange Four**

End of leg 4, start of leg 5

Twin Lakes road toward Sun Mountain

Turn left on to Elbow Coulee Road

Drive past the Pine Forest Entrance to Exchange area, you will see where it is marked.

### **Exchange Five**

End of leg 5, start of leg 6

Continue on Elbow Coulee Road.

Turn left on to Twisp River road

Turn left on to Frost Lane and go to the green gate.

### **End of Race**

Take Twisp River Road into Twisp, turn left on highway 20.